



# BIG LAKE

YOUTH CAMP

Summer 2025

Hello RAD Mountain Biking Camper,

My name is Zach, and I'm the RAD Director here at Big Lake Youth Camp. You're registered for RAD Mountain Biking happening June 29-July 4, 2025. I'm excited that you've chosen to spend time during your summer with the RAD team! You will stay at Big Lake or camp at an outpost location with one of our other RAD camps, depending on where you ride that given day. You will get to experience trails on the slopes of the cascades as well as in central Oregon.

Mountain Biking is a great way to explore the outdoors, get outside your comfort zone and build meaningful friendships. In this camp you will learn basic and advanced bike skills, maintenance, trail etiquette, and trail advocacy.

The summer in central Oregon is hot and the sun is intense. Your RAD camp instructors and counselors will do their best to minimize the group's time in the sun, but hydration and sun protection are extremely important while being outdoors in these conditions. We will also do our best to cool off in some water when available. It is important you come to camp prepared with everything on the packing list. BLYC will provide you with a helmet, gloves, and a bike, but if you prefer to bring your own bike, helmet, or gloves, you are welcome to. Any personal gear will need to be inspected by our RAD staff before it is used.

Since we operate in remote wilderness locations, Big Lake's RAD Camp staff carry cellular and satellite communication devices (as necessary) in case of emergency. Our staff are equipped with a variety of medical certifications to promote your health and well-being.

In addition to the [Packing List](#) in the Parent Pack, please bring the following:

## **Required**

- Sunglasses
- Sunscreen
- Closed-toed shoes

## **Recommended**

- Bike shorts (not required, but will significantly enhance your experience)
- Hydration pack (such as CamelBak or EVOC)

## **Optional**

- Your own helmet (camp helmets are also available)
- Your own gloves (camp gloves are also available)
- Your own bike (camp bikes are also available)

If you have any questions concerning your RAD camp, please let me know.  
I look forward to seeing you this summer!

Sincerely,

Zachary LeClerc  
RAD Director  
Big Lake Youth Camp  
RAD@biglake.org